St. Pat“kicks” Day

Kick-a-thon

The freedom to walk, to talk, to run and play.

To laugh, to hug. To eat. To breathe.

Each day these freedoms are taken away from kids and adults with muscular dystrophy, ALS and related diseases that weaken muscle strength and limit mobility. Together we can change that.

I will be kicking on St. Patrick’s Day to raise money to purchase Shamrocks from the Muscular Dystrophy Association. I’m asking for your support as I give my best to kick for those that cannot!

We will be kicking on March 17th and funds need to be submitted by March 24th. Please consider pledging a per-kick amount or a single donation. My goal is to achieve \_\_\_\_\_\_\_\_\_\_\_ kicks in 1 minute.

**Karate Kicker**:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Number of kicks:\_\_\_\_\_\_\_**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Sponsor’s Name** | **$ Amount/kick** | **$ Single donation** | **Total $ to be collected** | **$ Amount collected** |
|  | .25 .50 1.00 or \_\_\_\_\_\_\_/kick |  |  |  |
|  | .25 .50 1.00 or \_\_\_\_\_\_\_/kick |  |  |  |
|  | .25 .50 1.00 or \_\_\_\_\_\_\_/kick |  |  |  |
|  | .25 .50 1.00 or \_\_\_\_\_\_\_/kick |  |  |  |
|  | .25 .50 1.00 or \_\_\_\_\_\_\_/kick |  |  |  |
|  | .25 .50 1.00 or \_\_\_\_\_\_\_/kick |  |  |  |
|  | .25 .50 1.00 or \_\_\_\_\_\_\_/kick |  |  |  |
|  | .25 .50 1.00 or \_\_\_\_\_\_\_/kick |  |  |  |
|  | .25 .50 1.00 or \_\_\_\_\_\_\_/kick |  |  |  |
|  | .25 .50 1.00 or \_\_\_\_\_\_\_/kick |  |  |  |
|  | .25 .50 1.00 or \_\_\_\_\_\_\_/kick |  |  |  |